

# Basic Eczema Regime

*Superior, Clean, Natural*

## 1. Deep Cleanse -

squeeze half inch diameter drop into your hand, then massage into the skin using a circular motion until evenly distributed; leave 60 seconds and rinse.

## 2. Treatment Lotion or Rash Relief -

(see Deep Cleanse)

(Use Rash Relief if you have a Rash, not eczema bumps)

## 3. Eczema Treatment Creme -

apply a small amount to affected areas.

rawskin  
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